

SPRING CLASS: 2012

NAMI* FAMILY-TO-FAMILY

EDUCATION PROGRAM

For family members of close relatives with

Bipolar Disorder/Manic Depression
Major Depression
Borderline Personality Disorder
Schizophrenia and Schizoaffective Disorder
Panic Disorder & Obsessive Compulsive Disorder
Co-occurring Brain Disorders & Addictive Disorders
Post Traumatic Stress Disorder - PTSD

A series of 12 weekly classes structured to help family members understand and support their ill relative while maintaining their own well being. The course is taught by a team of trained volunteer family members who know what it's like to have a loved one with a serious mental illness in the family. **There is no cost to participate in the NAMI Family-to-Family Education Program.** During the past 20 years, over 200,000 family members in the U.S., Canada and Mexico have completed this course. We think you will be pleased by how much assistance the program offers. **We invite you to call for more information and to register.**

Classes start: Tuesday, February 28, 2012

Class meets every Tuesday. Last class: May 15

Lorraine Avenue Mennonite Church
655 S Lorraine Ave, Wichita, Kansas
7:00 – 9:30 p.m.

Co-Teachers: Treva Lichti 316-685-9157 home/ 316-617-1909 cell
Judy Staton

For family members only
Registration required.
Classes limited to 20 persons.

This Family-to-Family Education Program is sponsored by NAMI Kansas And the *National Alliance on Mental Illness (NAMI).
www.namiwichita.org