



February 2010 Issue

[SouperBowl of Caring Feb 7](#)

[Praying for Haiti](#)

[Lenten Resources](#)

[Lenten Retreat](#)

[Conference Update](#)

[Middle School Ministry](#)

[Totus Tuus](#)

[TEC #123 coming soon](#)

Quick Links

[National Federation for Catholic Youth Ministry](#)

[Office of Youth & Young Adult Ministries](#)

[Diocesan Catholic Committee on Scouting](#)

[Totus Tuus](#)

Dates to Remember

Feb 06
Totus Tuus
Banquet & Auction

Feb 07
Souper Bowl of
Caring Service
Project

FROM THE DIRECTOR...

The "Rule of Life" during Lent

The liturgical season of Lent begins on February 17. I am beginning now to consider how to spend the season. In his book, *Presence-Centered Youth Ministry*, Mike King speaks of developing a rule of life "as a means of embracing certain values and practices for one's spiritual formation."

The Church offers a wonderful framework--prayer, fasting and almsgiving--on which to build a rule of life.

Using the framework of Lenten practices, my rule of life may look something like this:

I submit to a rule of life of faithfulness, community and simplicity. I will re-commit to a more consistent prayer time; I will simplify one area of my life (fasting) to clear away some spiritual clutter; I will give of myself generously to the community.

As Lent draws near, you might contemplate a "rule of life" for your own personal spiritual formation, and invite the youth to do the same as a community.

Start out simply. Perhaps your young people could agree upon one activity or practice for each of the three disciplines of Lent. Check out the online Lenten resources link in this e-newsletter for some ideas.

Blessings,
Chris Edmonds

AROUND THE DIOCESE

Region 1:
Feb 21 - Volleyball hosted by St. Michael's, Girard

Region 2:
Mar 6 - [Spring Fest Basketball Tournament & Dance](#) at St. Teresa's, Hutchinson. Event includes b-ball, Mass, pizza, and dance

Region 3:
Feb 7 -- Volleyball at Colwich 1:00 PM
Feb 11-15 -- Region 3 Ski Trip Angel Fire, NM
Feb 21-- Volleyball at Andale 1:00 PM
Feb 27-28 -- Lock in at St. Joe
Feb 28 -- Region reps sing at St. Joe Mass 9:00 am
Mar 7 -- Volleyball tournament Kingman 11:00 to 5:00

Mar 14 -- Region reps Sing at St. Marks 10:00 meeting after

Feb 12

All DCYC forms & payments due

Feb 20-22

TEC # 123

Mar 6 & 7

Annual Catechist Lenten Retreats

Mar 20-21

DCYC at Airport Hilton

[click here for full calendar](#)

There is still time to participate in the [SouperBowl](#) of Caring on February 7, 2010

January's [CatholicYouth Ministry Blog](#) has some great resources and prayers for the earthquake victims in Haiti.

RESOURCES

Available online:

[Lenten resources](#)

[Daily prayer for Teens](#)

In our library:

Interrupted Lives: Catholic Sisters Under European Communism -a riveting one-hour documentary of the extraordinary courage and unwavering commitment of the sisters.

Theology of the Body for Teens the

ADULT TRAINING AND FORMATION

Annual Catechist and Youth Ministry Leader Retreat

"The Ultimate Gift"

from the *Reel to the Real* with Sr. Joan Burger, CSJ

Held on **March 6** in Wichita and **March 7** in Neodesha. Click [here](#) for more details.

CONFERENCE UPDATE

Registration date:

February 12 is the deadline for forms & payments to the Youth Office

Diocesan Service Project:

The region with the greatest percentage of parishes who attend the Conference AND donate items will win!

Example: Region 1 has 10 parishes attending, and 5 of them bring items = 50%

Details may be found [here](#).

"Faith, if not accompanied by actions, is dead." - Js 2:17

SPOT LIGHT ON MIDDLE SCHOOL MINISTRY

Here is a simple format for building a program. Divide your total program into thirds:

- 1) Christianity 101 -- learning about the Catholic Faith
- 2) Junior High 101 -- Cover topics such as making wise choices, friendships, family issues, and so on.
- 3) Felt Needs -- Address current world events and whatever they may be struggling with, in light of our faith.

Adapted from "Teaching in Thirds" by Kurt Johnston

DIRECT MINISTRY FOR YOUTH

- [TEC #123](#) - February 20-22, 2010 in Wichita
- [Diocesan Catholic Youth Conference](#) - March 20-21 at the Wichita Airport Hilton

TOTUS TUUS UPDATE

The 10th annual Totus Tuus Banquet & Auction is scheduled for

DVD series

Saturday, Feb 6 in Winfield, beginning with Mass at 4:30 pm with Bishop Jackels. Contact [Pat Biddle](#) to purchase tickets in advance.

**QUOTE OF THE
MONTH**

"Never do anything
for young people in
the church they
can learn to do
themselves."

Registration for Camp Totus Tuus 2010 is now available online. Click [here](#) for complete information. Brochures will be mailed to last year's campers and distributed to parishes in February. Please contact Lisa Sharp at 316-440-1732 or by [email](#).

Invitation to TEC in February

We are still accepting applications for the Teens Encounter Christ weekend February 20-22 at the Spiritual Life Center in Wichita. TEC involves teens encountering Christ in a way that many have never experienced before. On a TEC weekend, you will have the opportunity to grow in your relationship with Christ through talks, group discussion, individual reflection & prayer, and sharing in the Sacraments. Not only is TEC about faith; it is also about having fun and getting to know other youth and adults from around the Diocese of Wichita.

Specifically designed for juniors and seniors in high school or recent graduates, TEC weekends are also open to adults who work with youth in this age group. Experiencing TEC can help you gain a whole new insight into the age group of youth you are working with.

May your hearts be renewed in the Lord,

The Staff
Youth & Young Adult Ministries / Catholic Diocese of Wichita

[Forward email to an interested friend](#)

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